

Outdoor Education Program

This is an example for one group during the five-day program.

DAY	PROGRAM	STAFF L(Camp Staff) or P (Secondary College)
Monday		
11.30 am	Arrive at Lions Village, welcome by camp manager, camp orientation tour, settle into cabins etc.	L
12.30 pm	<i>Lunch</i>	
2 – 3.15 pm	Group games: icebreakers & initiatives	L
3.15 – 3.45 pm	<i>Afternoon Tea</i>	
3.45 - 5 pm	<u>Rotation 1: Low Ropes Course</u>	P
5 pm	Supervised Self Directed Time	P
5.30 pm	Duty Group/Free time	P
6.00 pm	<i>Dinner</i>	
7.30 - 9.00pm	Evening activity: Trivia quiz/ campfire/ night hike	P
Tuesday		
7.40 am	Duty Group	P
8.00am	<i>Breakfast</i>	
8.30 – 2 pm	Half day hike in Alpine National Park. Pack lunch on hike.	L & P
2 – 3.15 pm	<u>Rotation 2: Rock climbing</u>	L
3.15 – 3.30 pm	<i>Afternoon Tea</i>	
3.30 – 4.45 pm	<u>Wilderness Survival Skills</u>	L
5 pm	Prepare for camp out. Walk to camp out area & set up for evening. Learn about lighting a fire, making a bush emergency shelter, wilderness survival, camping skills.	L & P
Wednesday		
7.30 am	Wake up & pack up camp. Breakfast out in bush.	L& P
9.00 - 10.15am	<u>Rotation 4: High Ropes</u>	L
10.15am	<i>Morning Tea</i>	
10.30 – 11.45am	<u>Rotation 5: Games</u>	P

11.45 am	Duty group	P
12.00 pm	<i>Lunch</i>	
1 – 5.00 pm	Half Day Mountain Biking trip. Afternoon tea along the way.	L & P
5 – 6.00 pm	Free time/showers	
6.00 pm	<i>Dinner</i>	
7.30 - 9.00pm	Evening Activity: Concert night	P
Thursday		
7.40am	Duty Group	P
8am	<i>Breakfast</i>	
9.00 - 10.15am	<u>Rotation 6: Raft building</u>	P
10.15am	<i>Morning Tea</i>	
10.30 – 11.45am	<u>Rotation 7: Canoeing</u>	Y
11.45 am	Duty group	P
12.00 pm	<i>Lunch</i>	
1.00 – 2.15 pm	<u>Rotation 8: Flying Fox</u>	L
2.25 – 3.40 pm	<u>Environmental Task Force</u>	<i>LandCare</i>
3.40 – 4.15 pm	<i>Afternoon Tea</i>	
3.45 - 5 pm	<u>Environmental improvement program</u>	Land Care
5 pm	Supervised Self Directed time	
5.30 pm	Duty Group/Free time	
6.00 pm	<i>Dinner</i>	
7.30 - 9.00pm	Evening activity: Liturgy/ campfire/ astrology/ spot lighting	P
Friday		
7.40am	Duty Group	P
8am	<i>Breakfast</i>	
8.30 – 9.15 am	Pack up/room tidy/final inspection	P & L
9.15 – 10.30 am	<u>Rotation 9: Orienteering</u>	P
10.30 – 11 am	Group games	P & L
11.00 am	<i>Celebration Lunch</i>	
11.30 pm	Environmental Task Force Dedication Ceremony & Camp debrief	P & L
12.00 pm	Farewells & depart back to school.	P & L